

## **Generalist Clinician Palliative Care Assessment Components <sup>1</sup>**

### **Pain/Symptom Assessment**

- *Are there distressing physical or psychological symptoms?*

### **Social/Spiritual Assessment**

- *Are there significant social or spiritual concerns affecting daily life?*

### **Understanding of illness/prognosis and treatment options**

- *Does the patient/family/surrogate understand the current illness, prognostic trajectory, and treatment options?*

### **Identification of patient-centered goals of care**

- *What are the goals for care, as identified by the patient/family/surrogate?*
- *Are treatment options matched to informed patient-centered goals?*
- *Has the patient participated in an advance care planning process?*
- *Has the patient completed an advance care planning document?*

### **Transition of care post-discharge**

- *What are the key considerations for a safe and sustainable transition from one setting to another?*

1. Adapted from: Weissman, DE. Consultation in Palliative Medicine. Archives in Internal Medicine. 1997;157:733-737.